

Everyone Can Garden!

Vegetable Gardening for People with Physical & Other Limitations

5-session evening webinar series // 6-7:30PM EST // FREE // Open to Public

Do you have a physical limitation such as mobility issues, chronic pain, arthritis, and/or skin sensitivities that constrain outdoor activity? Do you want to learn how to enjoy gardening despite these challenges? In this series we will cover gardening basics: everything from planning your garden space, planting and maintaining it, preserving your harvest, and how to prep for the next year's garden, all with accommodating physical limitations in mind. Each webinar is stand-alone, attend as many or few as you want!



March 18th, 2021 / Planning Your Vegetable Garden

Learn the basics of garden planning and Universal Design—an approach that works for many people with physical limitations.



April 1st, 2021 / Planting your Garden

Prepare your soil and veggie seeds. Learn planting tricks using accessible, ability-tailored tools



June 1st, 2021 / Garden Maintenance

Maintain your garden's health using ability-tailored tools and strategies. Learn how to managed garden pests using Integrated Pest Management.



July 20th, 2021 / Canning & Preservation Basics

Learn to preserve the food you have grown in your garden while minimizing the pain associated with working in the kitchen.



August 31st, 2021 / Garden Clean-Up & Prep for Next Year

Reflect on what worked and what didn't—and plan & prep for the next season.

For more info and to register: <https://go.osu.edu/everyonecangarden>

If you have questions about accessibility or wish to request accommodations, please contact Alicia Baca (baca.31@osu.edu). Typically, a two weeks' notice will allow us to provide seamless access. Please direct all other inquiries to Dr. Leo Taylor (taylor.3408@osu.edu).